

Guide to Breastfeeding Support Services in San Joaquin County

BREASTFEEDING HELPLINES

Dameron Hospital
(209) 944-5550, ext. 3375 or 3792

Kaiser Stockton
(209) 476-3513
(For Kaiser members only)

La Leche League
1-877-4-LALECHE
24 hr. toll free helpline service
(if unable to reach a local Leader)

Lodi Memorial Hospital
(209) 339-7522

**National Women's Health Center
Breastfeeding Helpline**
1-800-944-9662
Mon.-Fri. 9am-6pm EST

**San Joaquin County Public
Health Services**
(209) 468-0373
(Spanish-speaking counselors
available)

St. Joseph's Nurse Call Center
(209) 939-4525

**Sutter Tracy Community Hospital
Baby Bungalow**
(209) 833-2419

**San Joaquin County Public
Health Services
Maternal, Child, and Adolescent
Health (MCAH)**
Information on health programs
and services throughout the county
(209) 953-3675
(800) 698-2304

**Outside of San Joaquin County
Kaiser South Sacramento**
(916) 688-6676
(For Kaiser members only)

**The Lactation Station at Sutter
Medical Center Sacramento**
(916) 733-1441

PROFESSIONAL LACTATION CONSULTATIONS

Delta Health Care-WIC
(For DHC WIC clients only)
(209) 477-0378

Holly Newman, BSN, RN, IBCLC
Private Practice
In-Home Lactation Consulting
Lodi/Stockton Area
www.lodilactation.com
(209) 712-7304

Kaiser Stockton
(209) 476-3513
(For Kaiser members only)

**San Joaquin County Public
Health Services WIC**
(For SJCPHS WIC clients only)
(209) 468-0373

**Sutter Tracy Community Hospital
Baby Bungalow**
Open to the community
(209) 833-2419
Mon.– Fri. 11:30 am-1:30 pm

LA LECHE LEAGUE LEADERS

La Leche League USA
www.lllusa.org

Lodi
Karen (209) 931-1564
Susan (209) 763-2700

Manteca
Amy (209) 599-7491

Stockton
Kirsten (209) 474-8084
Rebecca (209) 931-4309
(Rebecca también le puede atender
en español)

BREASTFEEDING SUPPORT GROUPS

Kaiser Stockton
“Mom and Baby Club”
Meets 2nd Wed. of each month
(209) 476-6331

St. Joseph's Medical Center
“Mother-Baby Breast Connection”
Meets each Wednesday
(209) 467-6331

**Sutter Tracy Community
Hospital- Healthy Connections
Resource Center**
“Mommy and Me”
Tuesdays from 12:30-2:00 pm
Wednesdays from 5:30-7:00 pm
(209) 833-2420

“Mami y Yo”
Los jueves a las 12 del mediodía
(209) 833-2420

**La Leche League Group
Meetings**
La Leche League of Lodi
Meets 3rd Tuesday of each month
St. Paul's Lutheran Church
Room 209 at 9:30 am
(209) 931-1564
(209) 763-2700

La Leche League of Manteca
Meets 2nd Wed. of each month
10:15 am-12:00 pm
(209) 599-7491

La Leche League of Stockton
Meets 1st Thursday of each month
Quail Lakes Baptist Church
Room A118 at 9:30 am
(209) 931-4309
(209) 474-8084

Delta Health Care WIC
“Moms Helping Moms”
Meets 1st, 2nd and 3rd Wednesdays
(209) 751-3904

“A Place of Our Own”
Meets 1st, 2nd and 3rd Wednesdays
(209) 751-3904

“MAMAS Unidas”
Cada viernes
(209) 751-3905

PUMP RENTALS/SALES

Kaiser Health Education

Department

**Pump rentals only for Kaiser members. Pump sales open to all.

Kaiser Manteca

1721 W. Yosemite Ave.
Manteca, CA 95337
(209) 824-5070

Kaiser Stockton

7373 West Lane
Stockton, CA 95210
(209) 476-3299

Kaiser Tracy

2185 W. Grant Line Rd.
Tracy, CA 95377
(209) 839-6130

Linacia Pharmacy

420 W. Acacia St.
Stockton, CA 95203
(209) 466-2954

Lodi Memorial Hospital Home Medical Equipment

1115 S Fairmont Ave.
Lodi, CA 95240
(209) 339-7610

Sutter Tracy Community Hospital

Baby Bungalow

1420 N. Tracy Blvd.
Tracy, CA 95376
(209) 833-2419

Tammy's Baby Shoppe

127 N. Main Street
Manteca, CA 95336
(209) 239-5537

BREASTFEEDING CLASSES

Dameron Hospital

(209) 242-7074

Kaiser Health Education Dept.

Stockton- (209) 476-3299

Manteca – (209) 824-5070

Tracy- (209) 839-6130

Classes open to the public.

Stockton location also offers classes in Spanish.

Lodi Memorial Hospital

(209) 642-4987

St. Joseph's Medical Center

(209) 461-5213

Sutter Tracy Community Hospital

(209) 833-2321

WIC PROGRAMS

LODI

Community Medical Centers

Woodbridge Medical Group
2401 W. Turner Rd.
Lodi, CA 95242
(209) 368-1683

Delta Health Care

318 S. Crescent Ave.
Lodi, CA 95240
(209) 369-3066

MANTECA

San Joaquin County Public Health Services

124 Sycamore Lane
Manteca, CA 95336
(209) 823-7104
(Tues., Thurs., & Fri.)

STOCKTON

Community Medical Centers

425 N. California St., #7
Stockton, CA 95202
(209) 870-5000

Delta Health Care

4662 Precissi Ln., Suite 500
Stockton, CA 95207
(209) 444-8600
(209) 444-8600—Sierra Vista
(209) 644-8629—West Lane Oaks Center
(Peer Counselor Program available)

San Joaquin County Public Health Services

1145 N. Hunter St.
Stockton, CA 95202
(209) 468-3280

TRACY

Community Medical Centers

728 S. Central
Tracy, CA 95376
(209) 833-6052

San Joaquin County Public Health Services

205 W. Ninth St.
Tracy, CA 95376
(209) 831-5930 (Mondays)

WEBSITES

www.4woman.gov Women's Health U.S. Department of Health and Human Services

www.aap.org American Academy of Pediatrics

www.asklenore.info Resource for adoption and surrogacy

www.babyfriendlyusa.org Baby Friendly Initiative USA

www.bfar.org Breastfeeding After Reduction

www.bfmed.org Academy of Breastfeeding Medicine

www.breastfeedforall.org Mothers' Breastfeeding Stories

www.breastfeeding.com Breastfeeding FAQ's

www.breastfeedingcoalition.org

SJ County Breastfeeding Coalition

www.californiabreastfeeding.org

California Breastfeeding Coalition

cdph.ca.gov/Breastfeeding State of California website- extensive links

www.iblce.org International Board of Lactation Consultant Examiners

www.ibreastfeeding.com Hale Publishing—Free breastfeeding pamphlets

www.ilca.org International Lactation Consultant Association

www.drjacknewman.com Video clips and handouts from MD expert

www.kellymom.com Breastfeeding and Parenting

www.llli.org La Leche League International

www.milkbanksj.org Mothers' Milk Bank at Santa Clara Valley Medical Center

<http://neonatal.ama.ttuhs.edu/lact/> Breastfeeding Pharmacology—Dr. Thomas Hale (Medications and Mother's Milk)

www.wicworks.ca.gov California WIC Program

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Brought to you by:



The Breastfeeding Coalition

Of San Joaquin County

P.O. Box 4806

Stockton, CA 95204

www.breastfeedingcoalition.org

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